



Angel's Journey demonstrates the capacity of the human spirit to survive. When Angel was five years old, her mother abandoned her: she left Angel at the home of her aunt and uncle, where she was to endure a childhood of sexual abuse and torture. This ordeal caused her mind to fragment. Angel survived by creating 150 separate personalities. Diagnosed with Dissociative Identity Disorder (formally known as Multiple Personality Disorder) in 1991, Angel spent the next decade in and out of psychiatric hospitals, treatment centers, and therapy. Although Angel achieved full integration by 1999, still she found no peace.

In July 2001, in an attempt to find true healing, Angel embarked on a true spiritual journey. Ultimately, this led her to Ground Zero, Manhattan in September 2001. For almost three weeks, during the initial phase of recovery, Angel worked as an RN, helping in the rescue efforts in the rubble of the World Trade Centers. While providing hugs and care to emotionally bereft firefighters, police officers, and construction workers, Angel had a transformative experience: amidst the anger and sadness of the world, she was able to heal the anguish of a lifetime.

Angel shares her story in her film, "Angel: A Story of Trauma and Recovery," and grips her audience with her honesty and passion.

Do not miss this amazing story of healing.

Audience Reactions

"You have reaffirmed my faith in spirituality and mankind."

"I have never been so moved in a class or felt such intense emotions. This is one class that I will never forget!"

"How inspiring to see someone forge her own path, and heal on her own terms!!"

"Thank God for people like Angel who feel like they know what bottom is and still find it in their heart to reach out to others."

"This was probably the most beneficial and meaningful day of class I have ever had in my entire education"

Discussion Points

Angel teaches us that DID (Multiple Personality Disorder) is a NORMAL response to extreme trauma.

Sharing her relentless struggle within the psychiatric community and within her internal community, she relates to the duress of our everyday struggles and helps us find balance.

She inspires us to discover our inherent talents for personal success.

Whether Angel is talking about Ground Zero, trauma, or spirituality, she offers intuitive lessons for living within a peaceful community.

Angel's Journey demonstrates that we all have the capacity to integrate mind, body, and soul.

Through her story of integration, she instructs us in how to communicate with one another without shame or judgment.

She shows that we can let go of old negative patterns that hold us back from achieving success.

Angel uses integration as a metaphor to help us understand that separation is an illusion.

She teaches us the difference between spirituality and soul integration while helping us define our souls.

Angel equates child abuse with terrorism and brings home the responsibility for love.

Angel empowers young people to be the new spiritual leaders of the future.

Angel reminds us that we change the world by changing ourselves first.

Angel Lopez
P.O. Box 2933
Eugene, OR 97402
541-345-2480
angelsjourney@earthlink.net
www.angelsjourney.net