

Angel Lopez

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~Academically trained as an RN, Angel uses her professional communication skills to share her incredible life story.

~As an author, educator, and motivational speaker, Angel inspires and empowers audiences to discover their inherent talents for personal success.

~Angel's therapeutic process has taught her to be a critical thinker demonstrating strong analytical skills.

~She displays high integrity and honesty in her speaking while elevating ethical and social awareness of Mental Health issues.

~Angel is always seeking new venues to learn and grow.

University Presentation Experience

University of Oregon – Psychology of Trauma

- October 2006
- April 2006
- January 2006
- October 2005
- October 2004

- o Defined Dissociative Identity Disorder (DID) from personal experience
- o Explained integration and its implications in daily life
- o Discussed the importance of spirituality in the therapeutic process
- o Used personal stories to demonstrate that DID is a normal response to extreme trauma

University of Oregon – Graduate Seminar on Trauma

- January 2005

University of Oregon - Culture and Mental Health

- February 2005
- November 2005

- o Explained spirituality and how to integrate soul concepts into the therapeutic process
- o Shared stories of working at Ground Zero exemplifying soul integration
- o Discussed the benefits and pitfalls of the mental health system

University of Oregon – Psychology of Gender

- May 2005
- August 2005

- o Defined DID from personal experience
- o Explained the role of gender in the DID client
- o Discussed homosexuality as it relates to the DID client and its role in society

Keynote Speaker

September 11, 2005

Annual Tribute to World Trade Center Disaster

Eugene Public Library, Eugene, OR

September 11, 2004
Annual Tribute to World Trade Center Disaster
Veneta Public Library, Veneta, OR

September 11, 2003
Annual Tribute to World Trade Center Disaster
Earth Mother Father Foundation, Sedona, AZ

September 11, 2002
Annual Tribute to World Trade Center Disaster
Earth Mother Father Foundation, Sedona, AZ

March 10, 2002
Six-month anniversary of September 11, 2001
Earth Mother Father Foundation, Sedona, AZ

- Shared personal experiences as an RN rescue worker at Ground Zero during September of 2001

Trainings and Workshops Given

International Society for the Study of Trauma and Dissociation
Los Angeles, CA
November 2006

- Making a Documentary: Demystifying the Process

International Women's Day
Eugene, OR
March 2006

International Women's Day
Eugene, OR
March 2005

- Instructed meditation techniques using experience from Ground Zero

Our Voice: Domestic Violence Shelter
Marshall, NC
May 2003

Our Voice: Sexual Assault Center
Ashville, NC
April 2003

- Discussed effective communication for counselors of sexual assault and domestic violence survivors
- Explained DID from personal experience
- Described the process of integration and its implications in daily life
- Emphasized the importance of spirituality in the therapeutic process
- Used personal stories to demonstrate that DID is a normal response to extreme trauma

Pasco County Hospice
Tarpon Springs, FL
January 2003

- Led group discussion with bereavement counselors regarding grief
- Explained spirituality and how to integrate soul concepts into the therapeutic process
- Shared stories of working at Ground Zero exemplifying soul integration

Publications and Media Acknowledgements

Author:

Lopez, A. 2005, *Many Voices, One Song*. Unpublished

Interviewee:

Video-

Angel: A Story of Trauma and Recovery. 2003. Produced by Manitou Communications

News-

Sedona Red Rock News, Sedona, AZ
September 10, 2003

Radio-

KOPT 1600 AM
Eugene, OR
September 9, 2005
September 9, 2006

Education

Pima Community College, Tucson, AZ, 1991
~ Associate Degree in Nursing

Professional License 1991-2006 #RN078296

Nursing Experience

Operating Room 1991-1993

- Circulating Nurse and Scrub Nurse

Hospice Nurse 1995-2001

- Inpatient unit – Primary RN
- Home Care
- Case Management, Medicare Skilled Nursing Assessments
- Medication administration, Patient Teaching
- End of life nursing care

Rescue Worker September 2001

- Mobile triage at Ground Zero, Manhattan
- Disaster relief

Certification

American Red Cross Disaster Services February 2003

